Australian Curriculum SA Teachers & Leaders Resource

What 'Adelaideans' think about health and physical education

The intent of this workshop is to develop shared meaning about what we think health and physical education (HPE) is for and how we might develop a shared understanding with our students and parents.

WORKSHOP AGENDA

Description	Time
1 | Let's begin – our initial thinking 1 Form a pair and discuss the following question: **What do you think health and physical education is for?** 2 Pair up with another pair to develop a shared set of 3 key points to share back with the whole group. 3 Present your shared meaning to the rest of the group – 30 seconds each mini-presentation.	10 min
2 | Introduction In this workshop we will watch a video clip in which the general public, students and teachers are asked what they think HPE is for. We will discuss this thinking and analyse how it fits with ours.	2 min
3 | Learning process 1 Watch the video clip[1] (2.21 min). 2 Personal reflection – While watching the video reflect on the following: a) What do Adelaideans think health and physical education is for? b) Were there any patterns? c) How does this connect with my understanding and our mini-presentation points? d) Were there any surprises? 3 Group discussion: • Pool your main points from your reflection and identify 2 similarities and 2 differences. • How do the Adelaidean's opinions fit with your group's shared meaning? • How does your thinking fit with the Australian Curriculum view of the health and physical education learning area? View the health and physical education animation[2] (5.32 min).	25 min
4 | Summary of learning What is our shared meaning of what HPE is for? As a table group complete this statement: **HPE is for:**	5 min

NOTES

[1] TLinSA.ti.cc/HPESoundBites
[2] TLinSA.ti.cc/HPEAnim

5 \| Commitment to action

We know that we need to have a shared understanding of what HPE is about with our students and parents.

The one thing I will do to build on my students' and parents' current thinking about HPE is:

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by ..... **and I will check-in with** .....

Government of South Australia
Department for Education